



The

spa

BILTMORE®

Massage & Body

RELAXATION MASSAGE

This traditional relaxation massage utilizes gentle pressure to help the body recuperate from everyday stress. *50 minutes, \$145; 100 minutes, \$275*

BILTMORE THERAPEUTIC MASSAGE

This personalized experience incorporates aromatherapy oils inspired by our estate gardens, a custom pressure massage and steamed towels to balance your mind, body and soul. *50 minutes, \$155; 100 minutes, \$295*

PRENATAL MASSAGE

During this pampering experience, expectant mothers will feel nurtured with a full body massage, relieving the common discomforts associated with pregnancy. *50 minutes, \$155*

RIVER ROCK MASSAGE

Heated stones are massaged into the body to melt away mental and physical stress. Carefully placed chakra stones promote serenity and balance throughout your treatment. *100 minutes, \$295*

SIGNATURE ESTATE EXPERIENCE

Nearly two hours of pure bliss. This decadent experience includes a gentle full body exfoliation and warm botanical body wrap enhanced with heated stones and an aromatherapy scalp treatment. Our Biltmore Therapeutic Massage completes this rejuvenating experience with heated towels and Biltmore-inspired aromatherapy oils. *100 minutes, \$295*

RIVER ROCK ESTATE EXPERIENCE

This experience offers vitality and nourishment for the mind, body and soul. A full body exfoliation and healing body wrap are enhanced with a therapeutic scalp treatment and foot reflexology. A relaxing River Rock Massage completes this tension-taming experience. *100 minutes, \$305*

RELIEF & RENEW

The best things come in small packages. A stress-relieving body wrap combined with a gentle body exfoliation that softens and soothes the skin. *50 minutes, \$175*

COUPLE'S MASSAGE

Experience Biltmore's most popular services together in our double massage room. Includes a Biltmore signature beverage. *Price varies based on services selected. A \$20 upcharge will be added for the use of the Couple's Suite.*

FOOT REFLEXOLOGY UPGRADE

Upgrade your massage service with an ancient Eastern technique that targets specific reflexology points on the feet to induce healing responses throughout the body, creating sensory awareness and balance. *25 minutes, \$75*

THE BILTMORE UPGRADE

You deserve more. Upgrade your spa service to allow our talented therapists to focus extra time on problem areas specific to your personal needs. *25 minutes, \$75*

Skin Care

SIGNATURE FACIAL

Experience the splendor of Biltmore. This anti-aging facial utilizes a lavender and estate-harvested honey masque and peptide-infused anti-aging serums to restore elasticity in the skin. Includes steamed towels and an extended neck and shoulder massage for the ultimate relaxation experience. *50 minutes, \$165; 100 minutes, \$300*

100-minute service includes an additional treatment masque and extended massage.

BALANCING BOTANICAL FACIAL

This hydrating facial restores softness to dehydrated skin and brings you back into beautiful balance. Botanicals inspired by our historic gardens are incorporated during a clarifying cleanse, gentle exfoliation, hydrating masque and relaxing neck and shoulder massage.

50 minutes, \$155

AGE-DEFYING FACIAL

Reinvent your skin with a Privai Age-Defying Facial. A highly active peel is enhanced with anti-aging serums and a vitamin-rich masque to combat years of environmental damage, premature aging and fine lines. *100 minutes, \$320*

BILTMORE GENTLEMEN'S FACIAL

Treat overstressed skin from the harshness of everyday shaving and outdoor elements. This facial safely removes impurities with a thorough two-step cleanse, exfoliation and rehydrating masque. Includes a neck and shoulder massage.

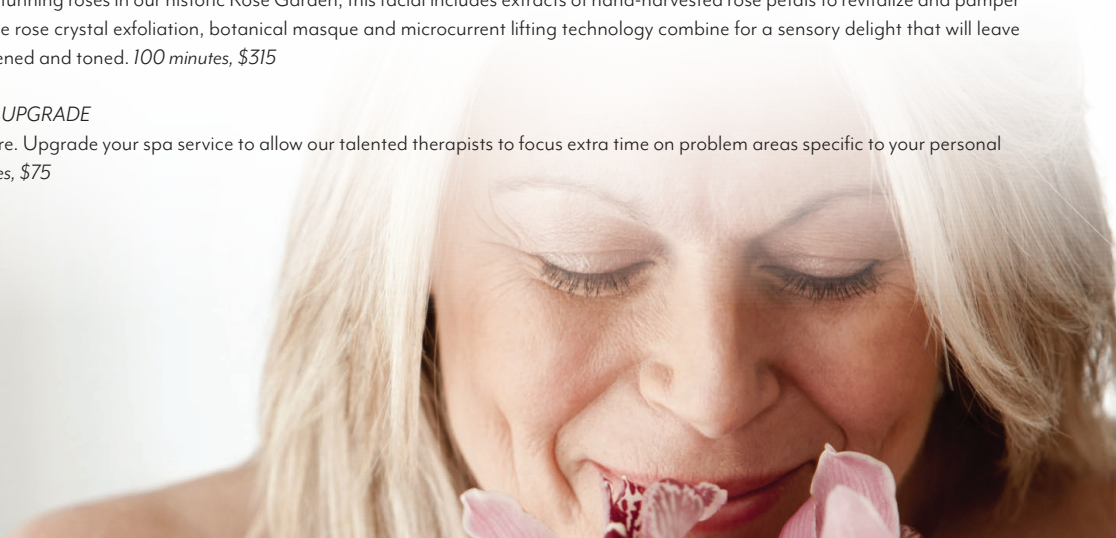
50 minutes, \$155

ROSE PETAL FACIAL

Inspired by the stunning roses in our historic Rose Garden, this facial includes extracts of hand-harvested rose petals to revitalize and pamper the skin. A gentle rose crystal exfoliation, botanical masque and microcurrent lifting technology combine for a sensory delight that will leave your skin brightened and toned. *100 minutes, \$315*

THE BILTMORE UPGRADE

You deserve more. Upgrade your spa service to allow our talented therapists to focus extra time on problem areas specific to your personal needs. *25 minutes, \$75*



Privai Rituals

Escape the daily pressures of life and recharge your energy and spirit. Historical and originative approaches to wellness along with Privai's handcrafted botanically rich products inspired the creation of three luxurious services that will soothe your soul and elevate your being. The Privai Rituals are thoughtfully tailored to deepen your self-awareness and facilitate healing on all levels through a complete and transformative wellness experience.

SACRED BEAUTY

I am beautiful. Repeat this as a daily mantra. Self-love is what makes you shine from within. Find your true beauty with Privai. This 130-minute ritual uses rose quartz, the stone of love, to reduce inflammation, support lymphatic drainage and connect you to the heart chakra, the energy center of love. A full body silk-infused exfoliation and Aqua Gel Masque hydrates, softens and soothes the skin, while cocooned in warm layers of fine linen. A customized pressure massage alleviates stress and sources of pain through cycles of isolated pressure and release movements. A sublime experience designed to reawaken love for yourself. We all have within us the potential for a beauty so magnificent, our bodies can't contain it.

130 minutes, \$435

RESTORATIVE SLEEP

Slip into a deep and peaceful sleep tonight with Privai. Sleep is essential for recharging your mind and body. This luxurious 130-minute ritual was designed to help enhance your sleep quality by establishing profound relaxation and relief from stress that builds throughout the day. Certified organic pillows and linens envelop the body, while parasympathetic massage techniques paired with divine essential oils are used to calm and soothe the nervous system. Weighted blankets offer restorative pressure and a warm comfort similar to being held. The art of reflexology completes the ritual—implementing rose quartz, the stone of love, and a heavenly Ultra Rich Body Butter foot massage that will send you into a blissful sleep in no time.

130 minutes, \$405

ESSENTIAL BALANCE

In our fast-paced, modern world finding balance is synonymous with internal well-being. Balance brings harmony within us—find your center with Privai. This 105-minute ritual revitalizes the mind and body with a silk exfoliation treatment to refresh the skin. A blissful vitamin-E massage releases overwhelming tension and imbalance from the body. A green-tea infused face massage and eye masque promote a youthful appearance by calming, hydrating and soothing the skin. Stones are strategically placed to dissolve energy blocks and re-establish balance in the chakras. The ancient art of reflexology is utilized through pressure points on the hands and feet that correspond to specific muscle groups and organs of the body. A singing bowl finishes the sequence by emitting healing sound and stimulating the heart chakra. Find your balance every day, cherish the need to step back, take a deep breath, go on a walk and enjoy the smell of the flowers.

105 minutes, \$350

privai



Spa Packages

ESTATE PACKAGE

This perfect package celebrates a day of pampering. Enjoy a 100-minute Signature Facial and choose either a Signature Estate Experience or River Rock Estate Experience.

200 minutes, \$540

BILTMORE BEAUTY PACKAGE

Get a gorgeous glow with the Biltmore Beauty Package. Includes a 50-minute Balancing Botanical Facial, 50-minute Signature Manicure and 50-minute Signature Pedicure to complete your day of beauty.

150 minutes, \$270

BILTMORE COMPLETE PACKAGE

Indulge in relaxation and rejuvenation when you experience our Biltmore Complete Package. A favorite among our guests, where you can experience both a 50-minute Relaxation Massage and a 50-minute Signature Facial, enjoying a complete head to toe experience.

100 minutes, \$275

Enhancements

Create a customized experience with any of the following. Ask your service provider which enhancements are available for your service.

	PRICING		PRICING
HEATED STONE	\$25	FULL FACE COLLAGEN	\$35
HYDRATING FACE MASQUE	\$25	*LED LIGHT THERAPY	\$35
GEMSTONE EYE LIFT	\$25	*CORRECTIVE PEEL	\$35
GENTLE BODY EXFOLIATION	\$25	*MICROCURRENT	\$35
SCALP THERAPY	\$25	<i>*Available in facial services only</i>	
ULTRA-RICH HAND REPAIR	\$25		
EXFOLIATING FOOT TREATMENT	\$25		

Nails

SIGNATURE MANICURE

Hand Exfoliation | Hand & Arm Massage | Moisturizing Masque | Nail Shaping & Polish of Choice 50 minutes, \$60

SIGNATURE PEDICURE

Foot Exfoliation | Leg & Foot Massage | Moisturizing Masque | Nail Shaping & Polish of Choice 50 minutes, \$85

GEL SPA MANICURE

A flawless manicure that lasts longer. Includes expert nail care, massage and gel polish application. 50 minutes, \$80

GEL REMOVAL \$15

PRINCESS MANICURE & PEDICURE \$65

MAKEUP APPLICATION SERVICE \$75+ (\$120 in room)



Spa Policies

CANCELLATION & RESCHEDULING POLICY | We require notice 4-hour notice prior to your appointment to avoid being charged for the full amount of your service.

ARRIVAL | We ask that you arrive 15-20 minutes prior to your scheduled service to check in and relax. Late arrivals will result in an abbreviated service.

SERVICE CHARGE | For your convenience a 20% service charge will be added to the cost of your treatment.

MEDICAL CONDITIONS | We respect the health of our guests. If you have a medical condition, we ask that you consult your physician prior to receiving spa services. You are responsible and required to disclose all medical information to your therapist.

FOR YOUR COMFORT | Please dress comfortably and leave valuables and extra items in your room.

FOR THE COMFORT OF OTHERS | Please turn off or silence cell phones and other electronic devices. Photos are prohibited in the spa.

SPA PARTIES | Please contact our Spa Concierge to learn about spa parties for your special event or group. Advance notice is required for group bookings and reservations are limited. Group cancellation policies apply.

Prices are subject to change. Please reference our website for current pricing.

Located at The Inn on Biltmore Estate®

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